# Our Motto

Rockwell Elementary Taking charge of our character and our future! Make it a great day or not...the choice is 40URS!

## Our Website

We have our own counseling website @ rockwellcounseling.weebly.com. There is a quick link on our school's website, or you could use the QR code below for easy access to our website. Once there, you will find lots of resources!



### Contact Us!

You can call the office

@
251-626-5528
Or
Email us:
khinton@bcbe.org
pkrusling@bcbe.org

# List of Services

### CLASSROOM LESSONS:

Here are some of the topics we will discuss this year:

- Anger Management
- Careers
- Conflict Resolution
- Friendship
- Healthy Choices
- Personal Safety
- Self Esteem
- 7 Habits of Happy Kids
- Study Habits
- Test Taking Skills

#### **Individual Counseling:**

Students may request to have an individual counseling session scheduled by letting us or their teacher know.

#### **Small Group Counseling**

- Anxiety
- Changing Families
- Grief
- Self Control
- Others as needed

## A Little About Us...

Hello! The two counselors at Rockwell Elementary are Karen Hinton and Pam Krusling. We are both super excited to be serving your child this year! Please read the information below regarding how we will work together to best serve your child:

- We are both available for your child if they want to self-refer for individual counseling. We will also have small group counseling for all grades.
- Mrs. Hinton is in charge of 504 plans and she is the test coordinator for our school.
- Your child's class will visit
  Mrs. Krusling's classroom for
  counseling lessons every
  other week for 30 minutes
  of whole group counseling
  lessons. She is also the
  contact person for Toro Task
  Team.



